

Border League Match 4, Sunday 1 March 2020



- U9 Girls 12:00 1400m approx 1 Small lap
- U9 Boys 12:15 1400m approx 1 Small lap
- U11 Girls 12:30 1700m approx 1 Medium lap
- U11 Boys 12:45 2600m approx 2 Small laps
- U13 Girls 1:00 2600m approx 2 Small laps
- U13 Boys 1:15 3200m approx 2 Medium laps
- U15 Girls 1:30 3200m approx 2 Medium laps
- U15 Boys 1:45 4100m approx 2 Large laps

- Large Lap (in red)
- Multi lap join (in blue)
- For Medium lap, cross park here (in orange)
- For short lap, cross park here (in blue)