



HASLEMERE BORDER Y.A

JUNIOR RISK ASSESSMENT FORM

Haslemere Border Athletics Club – Haslemere Border Young Athletes (Junior Section) Training Session

Session Details

Date of Assessment: _____

Assessor Name: _____

Session Location: _____

Type of Activity: _____

Age Group: 12+ Years

Identified Risks & Control Measures

Hazard	Risk (What could happen?)	Control Measures	Risk Rating (L/M/H)
Slippery surface	Slips, trips, and falls	Inspect surface before session, use cones to mark hazards	M
Unsupervised child	Child leaves site or is harmed	Coach/volunteer assigned to monitor attendance; sign-in/out sheet	H
Improper equipment use	Injury from equipment	Coach demonstrates safe use; age-	M



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		appropriate equipment only	
Extreme weather	Heatstroke or hypothermia	Weather check before session, cancel if necessary, provide shade/water	M
Medical emergency	Worsening of known condition or injury	First aider on site, medical info on file, first aid kit available	H

Additional Notes or Adjustments
