



HASLEMERE
BORDER Y.A

HEALTH AND SAFETY POLICY

Haslemere Border Athletics Club – Haslemere Border Young Athletes

Health & Safety Policy

1. Purpose

The safety and wellbeing of all young athletes (ages 12+) are our top priorities. This policy outlines how we identify and manage risks to protect athletes, coaches, volunteers, and parents.

2. Responsibilities

- Chairperson: Overall responsibility for club safety.
- Welfare Officer: Ensures safeguarding standards, reporting concerns, maintaining DBS checks.
- Coaches/Volunteers: Responsible for safe delivery of sessions, conducting dynamic risk assessments.
- Parents/Guardians: Provide accurate medical/emergency info and ensure young athletes arrive/pick up safely.

3. Risk Assessments

Risk assessments are carried out for all training venues, equipment use, and weather-related risks. Dynamic assessments are conducted during sessions to identify and respond to emerging risks.



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4. Supervision & Coach Ratios

Minimum adult-to-athlete ratio is 1:12. Coaches and volunteers must be UKA-licensed and DBS checked. No child should be left unsupervised.

5. Medical & Emergency Info

All young athletes must have up-to-date medical details and emergency contacts. First aid kits must be available at all sessions. A trained First Aider must be present. Emergency incidents will be documented using the club's Incident Report Form.

6. Equipment Safety

All training equipment will be age-appropriate, checked regularly, and stored safely. Young Athletes must wear appropriate clothing and footwear.

7. Weather Safety

Sessions will be adapted or cancelled during extreme heat, cold, or storms. Shade, hydration, and warm-up/cool-downs will be emphasized.

8. Venues

Venues must be well-maintained, well-lit, and have clear access/egress. Risk assessments are updated each season or when venue changes.

9. Incident Reporting

All incidents, injuries, or near-misses must be reported using a standard form. Serious incidents will be reviewed by the committee to prevent recurrence.

10. Policy Review

This policy will be reviewed annually or after any major incident.